

BEHAVIORAL HEALTH

St. Bernards Behavioral Health offers private, not-for-profit, hospital-owned mental and behavioral health services. Located in Jonesboro, Arkansas as two distinctly separate entities, St. Bernards Behavioral Health Services and St. Bernards Counseling Center fall under the Behavioral Health umbrella, together offering a complete continuum of therapy services. The 60-bed acute care psychiatric unit provides treatment for adult and geriatric patients that suffer from mental health disorders. In order to provide superior care to our patients in a safe and comfortable setting, the adults and geriatrics are segregated into two separate areas of the unit with 32 beds allocated for the adult population (18 to 64 years of age) and 28 beds for the geriatric population (65 years and older). Our highly skilled and comprehensive staff including four on site Psychiatrists, nurses and licensed therapists develop treatment plans for patients on an individual basis always with regard for dignity and privacy.

Outpatient Counseling Center _____

St. Bernards Counseling Center located at 615 East Matthews in Jonesboro offers outpatient counseling and a variety of therapy options for individuals of all ages including after-care for former Behavioral Health patients. With four psychiatrists, a psychologist, five Master's level therapists and an advanced practice nurse on staff, St. Bernards Counseling Center can provide a very comprehensive and thorough continuum of care.

Employee Assistance Program (EAP) _____

Employer funded benefit that provides employees and their families with private face-to-face counseling services.

Provides support for those dealing with everyday problems, excessive stress, parenting issues and/or divorce.

Bill Smith, LCSW
Director of EAP
St. Bernards Counseling Center
870-930-9090 or 1-800-346-0183

Eating Disorders Program _____

St. Bernards offers a comprehensive Eating Disorders Program that provides treatment to patients of all ages based on their individual needs. With a focus on the biological, environmental and cognitive aspects of eating disorders, St. Bernards provides therapeutic treatment to patients diagnosed with anorexia nervosa, bulimia nervosa, binge eating and other disorders involving anxiety or depressions related to eating.

Services billable to insurance

Services offered by the Eating Disorders Program include comprehensive assessments, individual and family therapy, family support, dietary guidance, psychiatric support, coordination of medical care, intensive group-based treatment, intensive outpatient programs, and Maudsley Family Based Treatment for kids and adolescents.

Dr. Christina Shaw
St. Bernards Counseling Center
870-930-9090 or 1-800-346-0183

Intensive Outpatient Program _____

St. Bernards Counseling Center offers an Intensive Outpatient Program for people with alcohol and drug problems that do not require inpatient care. It is a comprehensive and highly individualized program that goes beyond regular outpatient therapy enabling participants to get the help they need while living at home and continuing employment.



The Heart of Great Medicine